

EUROPEAN CHAMPIONSHIPS - AMSTERDAM 6-10 JULY 2014

DAY 1 - Wednesday Morning - July 6th, 2016 (session 1)		
10:45	Hammer Throw	W Q A
10:50	100m Decathlon	M
11:00	High Jump	W Q A+B
11:40	100m H	W Q R
11:45	Long Jump Decathlon	M A+B
12:00	Discus Throw Museum Square	W Q A
12:20	Hammer Throw	W Q B
12:10	200m	W Q R
12:40	100m	M Q R
13:10	Long Jump	M Q A+B
13:10	400m	W Q R
13:15	Discus Throw Museum Square	W Q B
13:25	Shot Put Decathlon	M A+B
13:35	400m	M Q R
14:30	Discus Throw Museum Square	
14:30	IPAC F12/37/41-46	M Final
DAY 1 - Wednesday Evening - July 6th, 2016 (session 2)		
15:30	High Jump Decathlon	M A+B
17:05	Javelin Throw Museum Square	M Q A
17:05	400m H	M QR
17:30	200m	W SF
17:50	Pole Vault	M Q A+B
17:55	3000m SC	M R1
18:25	800m	W R1
18:40	Javelin Throw Museum Square	M Q B
18:40	Long Jump	W Q A+B
19:00	10,000m	W Final
19:10	Shot Put	W Q A+B
19:38	400m Decathlon	M

DAY 2 - Thursday Morning - July 7th, 2016 (session 3)		
09:30	110m H Decathlon	M
09:35	Pole Vault	W Q A+B
10:20	Discus Throw Decathlon	M A
10:40	Triple Jump	M Q A+B
10:50	200m	M R1
12:00	Javelin Throw Museum Square	W Q A
11:35	800m	M R1
11:40	Discus Throw Decathlon	M B
12:15	100m	W QR
13:00	Pole Vault Decathlon	M A+B
13:35	Javelin Throw Museum Square	W Q B
DAY 2 - Thursday Evening - July 7th, 2016 (session 4)		
16:05	Javelin Throw Decathlon	M A
16:15	400m H	M SF
16:35	Discus Throw Museum Square	M Q A
16:45	400m	M SF
17:05	Shot Put	W Final
17:10	100m H	W SF
17:10	Javelin Throw Decathlon	M B
17:30	High Jump	W Final
17:35	400m	W SF
18:00	100m	M SF
18:15	Discus Throw Museum Square	M Q B
18:20	Long Jump	M Final
18:20	1500m	M R1
18:35	Javelin Throw	M Final
18:45	800m	W SF
19:10	200m	W Final
19:20	1500m Decathlon	M
19:40	100m H	W Final
19:50	100m	M Final

DAY 3 - Friday Morning - July 8th, 2016 (session 5)		
12:15	100m H Heptathlon	W
12:30	Hammer Throw	M Q A
12:55	110m H	M QR
13:00	High Jump Heptathlon	W A+B
13:10	Triple Jump	W Q A+B
13:30	3000m SC	W R1
13:50	Hammer Throw	M Q B
14:15	400m H	W QR
DAY 3 - Friday Evening - July 8th, 2016 (session 6)		
18:05	Shot Put Heptathlon	W A+B
18:10	Hammer Throw	W Final
18:15	1500m	W R1
18:35	800m	M SF
18:50	200m	M SF
19:10	Pole Vault	M Final
19:15	100m	W SF
19:20	Long Jump	W Final
19:40	400m H	M Final
19:50	400m	M Final
20:00	200m Heptathlon	W
20:15	Discus Throw	W Final
20:25	400m	W Final
20:35	200m	M Final
20:45	10,000m	M Final
21:25	3000m SC	M Final
21:45	100m	W Final

DAY 4 - Saturday Morning - July 9th, 2016 (session 7)		
13:00	Long Jump Heptathlon	W A+B
13:05	Shot Put	M Q A+B
13:55	4 x 400m Relay	W R1
14:10	High Jump	M Q A+B
14:20	Javelin Throw Heptathlon	W A
14:25	4 x 400m Relay	M R1
14:50	100m IPAC T34	W Final
15:00	100m IPAC T34	M Final
15:05	Long Jump IPAC T42/44	M Final
15:15	800m IPAC T54	M Final
15:25	Javelin Throw Heptathlon	W B
15:25	100m IPAC T37	M Final
15:40	1500m IPAC T54	W Final
15:50	200m IPAC T43/44	W Final
DAY 4 - Saturday Evening - July 9th, 2016 (session 8)		
18:45	Javelin Throw	W Final
19:15	110m H	M SF
19:20	Pole Vault	W Final
19:40	4 x 100m Relay	M R1
19:45	Triple Jump	M Final
20:00	4 x 100m Relay	W R1
20:20	400m H	W SF
20:35	Discus Throw	M Final
20:45	800m Heptathlon	W
21:05	5000m	W Final
21:30	110m H	M Final
21:40	800m	W Final
21:50	1500m	M Final

DAY 5 - Sunday Morning - July 10th, 2016 (session 9)		
09:30	Half Marathon	W Final
09:50	Half Marathon	M Final
11:30	10km	Mass
DAY 5 - Sunday Evening - July 10th, 2016 (session 10)		
17:00	High Jump	M Final
17:05	400m H	W Final
17:10	Hammer Throw	M Final
17:15	3000m SC	W Final
17:25	Triple Jump	W Final
17:30	Shot Put	M Final
17:35	4 x 100m Relay	W Final
17:45	1500m	W Final
17:55	4 x 100m Relay	M Final
18:10	5000m	M Final
18:30	800m	M Final
18:40	4 x 400m Relay	W Final
18:50	4 x 400m Relay	M Final